

Англійська мова

Дата – 27.04.2020. Викладач. Гудь Н.І.

Тема уроку .78 **Культура харчування.АктивізаціяЛО та МФ.Розвиток навичок читання.**

[Пояснення навчального матеріалу](#)

Read the text below. For each of the empty spaces (1—10) choose the correct answers (A, B, C or D). Say what Ukrainian dishes you like most and which of them in your opinion are healthy and which aren't.

Find the English meanings of these words:

петрушка;
кріп;
часник;
щавель;
нарізати, кришити;
домашній сир;
оладка, млинець;
напій;
чорнослив;
занадто важкий;
погані, некорисні
речі;
повний.

Read them. Ukrainian Cuisine

Dishes of Ukrainian cuisine are known all over the world. All foreigners are impressed greatly by Ukrainian cuisine, its diversity and uniqueness. Ukrainian cuisine has a long history and ... closely ...⁽¹⁾ to the customs, traditions, culture and a way of life of the Ukrainians. There are many dishes in Ukrainian cuisine which ...⁽²⁾ by high taste qualities.

The most popular Ukrainian dishes ...⁽³⁾ borshch, green (zelenyi) borshch, yushka, varenyky, holubtsi, chicken Kyiv, mlyntsi, pampushky, pies (pyrohy), uzvar and many others. But the most famous Ukrainian dish is borshch. It is a vegetable soup which ...⁽⁴⁾ cabbage, potatoes, carrots, beets, tomatoes, onions, parsley, garlic, dill, beans, mushrooms. It can ...⁽⁵⁾ with meat, too. There are different varieties of this dish. Every housewife has her own recipe of borshch. Green (zelenyi) borshch is made of sorrel, potatoes, carrots, onions, parsley and dill, served with chopped hard-boiled eggs and sour cream. Yushka is a fish soup made of freshwater fish, usually carp, bream, dill, parsley. It can ...⁽⁶⁾ be cooked with carrots and potatoes. Varenyky are popular in Ukraine because they are very tasty. They ...⁽⁷⁾ with different fillings: potatoes and fried onions, mushrooms, cabbage, liver, meat, cottage cheese (curds), different berries and fruit, served with sour cream, butter or sugar. Not only Ukrainians but also foreigners like them very much, ...⁽⁸⁾. Holubtsi are made of cabbage leaves (fresh or sour) filled with rice and meat or buckwheat with meat, served with sour cream. Mlyntsi are pancakes filled with cottage cheese (curds), meat, cabbage, fruit and berries, jam, served with sour cream. Traditional Ukrainian drink is uzvar. Uzvar is a ...⁽⁹⁾ beverage made of dried fruit, mainly apples, pears, plums, prunes. Chicken Kyiv is a breaded cutlet dish of boneless chicken breast pounded and rolled around cold butter with herbs and then fried or baked. Wheat products and bread are also very important for the Ukrainians,

among them there are traditional wedding bread and an Easter cake. Traditional wedding bread is called “korovai” and an Easter cake — “paska”. Of course we have to mention Ukrainian “salo” and “kasha”.

Kartoplianyky — fried potato cakes with added flour and eggs, kruchenyky — meat rolls with a vegetable filling, nalysnyky — thin pancakes wrapped around a filling of curds, meat, jam, berries, mushrooms are very popular among Ukrainian lovers of tasty food, too. In a word, Ukrainian national cuisine is rich ... (10) different tasty dishes.

	A	B	C	D
1	is linking	is linked	are linked	have linked
2	characterise	is characterised	characterising	are characterised
3	is	have	are	being
4	making	is made of	have made of	has made of
5	cooks	cook	is cooking	be cooked
6	also	too	either	neither
7	are cooked	cooked	is cooked	are cooking
8	too	also	either	never
9	sour	bitter	sweet	salty
10	on	at	in	between

Work in pairs. In turn ask and answer questions about traditional Ukrainian meals and complete the table.

Food

The names of foods	Tasty	Healthy	Unhealthy
fruit + +			
chocolate + +			

Homework. Write a letter to your pen friend about Ukrainian dishes you like to eat. Point out which dishes are useful and which are harmful in your opinion.

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Дата– 13.04.2020. Викладач. Гудь Н.І.

Тема уроку.76 Міжособистісні стосунки.

Розвиток монологічного мовлення.

Пояснення навчального матеріалу

Relationship between Parents and Teenagers

They say that youth is the ...⁽¹⁾time of teenagers' life because it means love, friendship, romance, new discoveries and lots more. At the same time it is also the ...⁽²⁾period for making important decisions which will influence all their life. As teenagers have to find their own place in the society their parents must do their best to help them ...⁽³⁾all the problems. And one of the most necessary conditions is relationship between parents and teenagers in order to reach the best results. Teenagers face a lot of temptations including increased use of communication devices and social media and lots more. Sometimes risky teenage ...⁽⁴⁾can lead to self-harm or physical and psychological damages. First of all they can ...⁽⁵⁾in different bad things long before they reach the legal age. More than 92 % of teens use their smartphones and social media every day. Such use of communication devices and social media can turn ...⁽⁶⁾an addiction and affect teenagers' lifestyle. Sometimes when teenagers are in depression they can set mood swings off and start endless tirades of how unfair their parents are or they can get angry with their parents even because ...⁽⁷⁾incomprehensible reasons. Very often teenagers are rebellious and refuse to obey rules, they begin to make a drastic change in their appearance, style of dressing, share more with their friends than they do with their parents, spend more time with their friends instead of going home. They often can be confused and indecisive because of the physical and emotional changes they go through. Teenagers always have different problems at school, at home, even with their friends. But the main thing for them is ...⁽⁸⁾that their parents love them, that they are ready to communicate with them, to give a piece of advice, to help them, to share their knowledge and experience with them. So parents have to remember that one of the most effective ways to prevent teenagers' indulging in bad things and to help them in solving their problems is to talk about these problems calmly explaining why teenagers shouldn't do this or that. Parents have to avoid an accusing tone when they talk to them and try to be ...⁽⁹⁾with their children. As for using of communication devices and social media parents have to encourage teenagers to talk about what they do online staying friendly and open to teenagers' interests. Though teenagers must know that they can have restrictions on time spent on texting and calling their friends when they are at home.

When teens are very angry and shout the only way to calm your teens is to be calm, teaching them healthy ways to express anger rather than being aggressive or violent, to be honest with them. Involve them in setting rules and they are allowed to do what they aren't allowed.

When teens start using make-up, change their hairstyles and try to get tattoos parents have to persuade them that this "look" ...⁽¹⁰⁾seem so cool and give them better options they may like. It goes without saying that teenagers must inform their parents about all the important events in their lives only because parents care about them to make sure they are happy. Of course, superfluous control cannot be the best way of influence on children. As parents occupy the most important place in their children's lives they are an example to follow styles of communication and attitude to others.

In conclusion, the ability to solve or avoid family problems depends on parents and their children. If the relationships between parents and children are based on love, mutual respect and kindness the family will be happy.

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A	B	C	Д
	better	good	goodness

1 .best			
2 difficult	more difficult	difficulties	most difficult
3 solved	solving	solve	had solved
4 to behave	behaviour	behaved	behaving
5 indulging	indulged	indulge	have indulged
6 into	at	on	under
7 at	of	on	though
8 knew	have known	to know	knowing
9 friend	friendship	friendless	friendly
10 don't	doesn't	didn't	won't

5. Read the text again and answer the questions.

1. What is the best time of teenagers in your opinion?
2. What temptations do teenagers face in their life?
3. What do you think about the usage of communication devices and social media?
4. When do teenagers get angry? What are the reasons of their anger?
5. Is it necessary to have restrictions on your time spent on texting and calling your friends